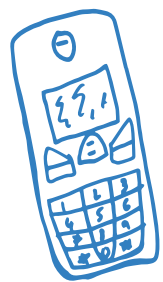


NECCHI

Pronounced
"neh-chee"

July - December Program

Bookings can be made via the website.
Scan the QR code to book an event.



tech help

Be the master of your mobile phone and tablet, with these free lessons for people over 50.

DATES / TIME: Mon 12 July – Mon 16 August
Mon 30 August – Mon 4 October
9.00–11.00am

COST: Free

AVAILABLE AT: East Coburg Neighbourhood House



iyengar yoga

Community focused yoga classes accessible to anybody at any stage of their lives.



DATE / TIME: Tues 13 July – 14 December (excl. school holidays)
7.00–8.00pm

COST: Term 3 Pass (10 Sessions) Full \$130/Conc \$100
Term 4 Pass (11 Sessions) Full \$130/Conc \$100
Casual \$15

AVAILABLE AT: Newlands Neighbourhood House

stretch and release

An adaptive, trauma-informed yoga program, in partnership with Collective Being.

DATES / TIME: Tues 13 July – 14 December (excluding school holidays)
10.30–11.30am

COST: Term 3 and 4 Pass \$80 (introductory price)
Casual \$10

AVAILABLE AT: Newlands Neighbourhood House



little seeds playgroup

Connect with your kids and other local families in our fun and creative playgroup. Suitable for children 0–4 years old, price is per family.

DATES / TIME: Weds 14 July – 15 December (excluding school holidays)
10.00–12.00pm

COST: Term 3 Pass Full \$150/Conc \$100 (10 Sessions)
Term 4 Pass \$150/Conc \$100 (11 Sessions)
Term passes only!

AVAILABLE AT: Newlands Neighbourhood House



tai chi

If you're looking for a meditation practice but can't sit still, Tai Chi might be the answer!

DATES / TIME: Thurs 15 July – 16 December (excluding school holidays)
Beginners 10.00–11.00am
Intermediate 11.00–12.00pm

COST: Term 3 Pass (10 Sessions) Full \$125/Conc \$100
Term 4 Pass (11 Sessions) Full \$125/Conc \$90
Casual \$13

AVAILABLE AT: Newlands Neighbourhood House

queers draw this

Art classes for LGBTQIA+ community members, families and allies. Classes alternate between online and in person.

DATES / TIME: Fortnightly Sat 17 July – 28 August
3.00–6.00pm

COST: Full \$30/20 (in person/online)
Conc \$20/\$15 (in person/online)
Term 3 Pass Full \$100/Conc \$70

AVAILABLE AT: East Coburg Neighbourhood House



earthen habitations

Get messy with our artist-in-residence Kate Hill and make objects out of clay for the Newlands Community Garden.

DATE / TIME: Sat 17 July
12.30pm

COST: Free

AVAILABLE AT: Newlands Neighbourhood House



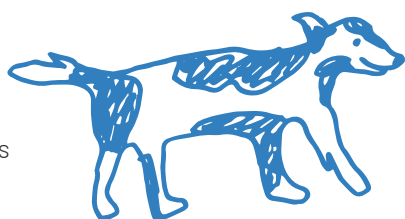
ceramics with anna mallyon

Go big or go home! Ceramic artist, Anna Mallyon will guide you through hand-building and glazing a number of large items in this sought after six-week series.

DATES / TIME: Term 3: Thurs 29 July – 2 September
Term 4: Thurs 21 October – 25 November
6.30–8.30pm

COST: \$300 for all 6 sessions

AVAILABLE AT: Newlands Neighbourhood House



puppy pals

A monthly hang out for LGBTQIA+ dog owners and dog lovers in the Newlands area.

DATE / TIME: 1 August – 5 December (first Sunday of the month)
Meet at 10.00am

COST: Free

AVAILABLE AT: Newlands Neighbourhood House



sound school

Sound School is currently in residence at East Coburg Neighbourhood House! Sound School is an award-winning community school delivering free electronic music workshops that celebrate and up-skill emerging artists on the margins.

DATES / TIME: Sat 7 August (Hardware production with Female Wizard)
Saturday 25 September and 2 October (Foley Workshop with Allison Walker)
Saturday 13th November (DJ workshop with DJ Mulch)
1.00–3.00pm

COST: Free

AVAILABLE AT: East Coburg Neighbourhood House

money talks: an anti-capitalist guide to money

A series of workshops about money for creatives, small business and individuals who want to know stuff but are too afraid to ask.

DATES / TIME: Thurs 5 August
Thurs 2 September
Thurs 7 October
Thurs 4 November (First Thurs of the month)
6.30–9.30pm (with break)

COST: Free

AVAILABLE AT: East Coburg Neighbourhood House



build a bamboo cubby with giant grass

Join Giant Grass to create a cubby for Newlands entirely out of sustainable bamboo.

DATES / TIME: Sat 4th Sept – build the Zome 10.00–2pm
Sat 11th Sept – design workshop 10.00–1.00pm
Sat 9th Oct – dress the Zome 10.00–12.00pm

COST: Free

AVAILABLE AT: Newlands Neighbourhood House



karate kids

After school classes with Helen, a Karate Grand Master!

DATE / TIME: Fri 8 October – 17 December
3.45pm

COST: \$150 (11 Sessions)

AVAILABLE AT: East Coburg Neighbourhood House

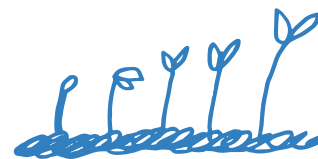
natural dyeing with anna dunnill

Learn about the process of dyeing textiles using natural materials.

DATES / TIME: Sat 16 October (Workshop 1 ages 5–10) 10.00–12.30pm
Sat 23 October (Workshop 2, ages 10+) 10.00–5.00pm

COST: Workshop 1 (2.5hrs) Full \$70/Conc \$50
Workshop 2 (4hrs) Full \$120/Conc \$80

AVAILABLE AT: East Coburg Neighbourhood House



screen printing with danni mcgrath

Learn to make your own screen printing equipment with found objects.

DATE / TIME: Sat 27 November
1.00–5.00pm

COST: Full \$120/Conc \$80 (4hr workshop)

AVAILABLE AT: Newlands Neighbourhood House

